

St Benedict's Centre Newsletter February 2024

After a short absence, our newsletter returns with information about our events this month:

In the beginning was the Word... 3rd February

Who am I pleasing? A day for Church Administrators — 7th February

Art exhibition: Thomas Best-Shaw – 17th-18th February

Lent course 2024 – 19th February – 25th March

Walking with Jesus in Lent – 20th February

A Quiet Day in Lent – 24th February

Lectio Divina day – 29th February

Music at Malling Scratch Orchestra 2024

In the beginning was the Word... Saturday 3rd February, 9:30 for 10am - 3pm

A Quiet Day organised by Rochester Diocese Spirituality Network. A space to prayerfully experiment with words and ways of writing.

Suggested donation: £15-£25.

To book please email susannecarlssons@hotmail.co.uk

Who am I pleasing? A day for Church Administrators Wednesday 7th February, 9:30 for 10am - 3pm



An annual event for those who are involved in church administration, to pause, reflect, and meet with others.

Cost for the day is £25.00 (pay on the day) which includes hot drinks and biscuits; please bring your own lunch.

To book please email bookings@stbenedictscentre.org

Art exhibition: Thomas Best-Shaw 17th-18th February, 10.30am - 4.30pm



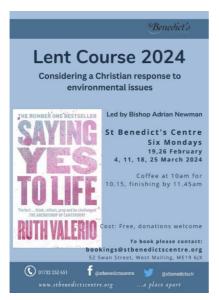
An exhibition of Thomas Best-Shaw's new work, with mainly retrospective pieces by Jane Guthrie.

Both Thomas and Jane work mainly in oils and take great inspiration from the landscape, both locally and further afield.

Greeting cards and prints will also be available.

No need to book. Admission is free. A percentage of all sales will be donated to the Centre.

Lent course 2024 Monday mornings, 19th February – 25th March 10 for 10.15am - 11.45am



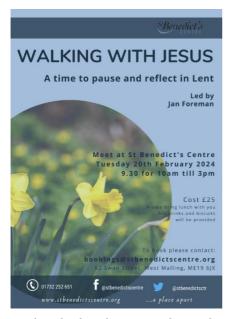
This Lent Course is for anyone who wants to think more deeply about a Christian response to environmental issues.

Led by Bishop Adrian
Newman, Acting Chair of St
Benedict's Centre, the six
Monday morning
sessions are based on Ruth
Valerio's stunning 2020
Lent Book 'Saying Yes to
Life'.

Copies of the book will be made available as a gift to participants on the course.

The course will be run on a donations-only basis. To book please email bookings@stbenedictscentre.org.

Walking with Jesus in Lent 20th February, 9.30 for 10am – 3pm



In Lent we are encouraged to pause, to reflect as we allow God to examine us and to respond. In this walk, led by Jan Foreman, we will have our own opportunity to reflect and respond.

Cost for the day is £25.00 (pay on the day) which includes hot drinks and biscuits; please bring your own lunch.

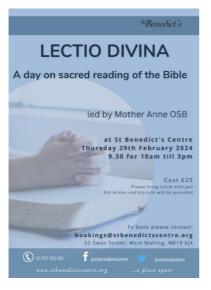
To book: <u>bookings@stbenedictscentre.org</u>

A Quiet Day in Lent — 24th February 9:30 for 10am - 3pm

A quiet day organised by the Rochester Diocese Spirituality Network. A space to prayerfully reflect on key moments in Jesus' ministry, led by Jon and Manda Wilson, Spiritual Accompaniers with the Diocese of Rochester.

Suggested donation: £15-£25. To book please email susannecarlssons@hotmail.co.uk

Lectio Divina day 29th February, 9.30 for 10am – 3pm



A day on sacred reading of the Bible, led by Mother Anne OSB.

Cost for the day is £25.00 (pay on the day) which includes hot drinks and biscuits; please bring your own lunch.

To book please email bookings@stbenedictscentre.org

Music at Malling Scratch Orchestra 2024 Monthly, next date 25th February

The Scratch Orchestra is back! Anyone can come along — with or without an instrument — compose a piece and perform it at the end of the workshop. For further details see https://musicatmalling.com/current-festivals/

To register please email **info@musicatmalling.com**.

Looking ahead: events in March

4th, 11th, 18th, 25th: Lent course 2024 continues

9th: Cynthia Bourgeault and the Wisdom TraditionWith Fr William Taylor and Mother Anne OSB

19th: **St Benedict and the Signs of Humility** – With a Sister of Malling Abbey.

23: An Introduction to Christian Meditation – With Rev'd Mark Ball. A Spirituality Network event.

26th: Walking with Jesus in Holy Week – With Margaret Wooding Jones.



Further information can be found on our website: https://stbenedictscentre.org/programme/

Day Guests



Our 10 quiet study rooms offer the space to rest and reflect in solitude at the Centre.

You can book one of these rooms room for £15.

This includes hot drinks, the use of the beautiful grounds and the opportunity for private prayer in the pilgrim chapel, and of joining the Sisters in their offices.

Your booking can be changed or cancelled at short notice if need be, at no cost.

Did you know we offer gift vouchers for individual quiet days – the perfect gift for someone in ministry.

To book your day of rest and retreat, or to purchase a voucher contact:

bookings@stbenedictscentre.org