

St Benedict's Centre Newsletter June 2023



Three good news stories to share with you this month. First, we are delighted that the Sisters are extending the unmown areas of grass this year. Already here at the Centre we are seeing the impact of wild flowers flourishing, providing a rich source of food for birds and invertebrates.

Our social media reach has now been expanded to include an Instagram account. You can find it via the website or by copying this link:

https://www.instagram.com/benedictscentre/

Do please feel free to share your photos of the Centre with us so we can add them to Instagram.

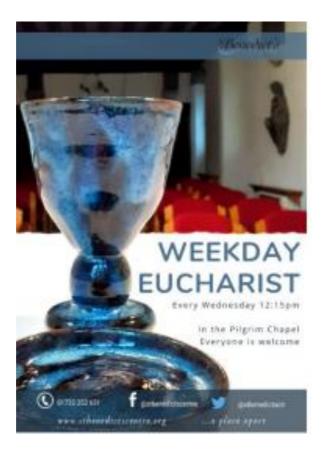
And finally, we now have some beautiful new pens that are comfortable to use and also double as a tablet pen. You can purchase one at the office for £2.



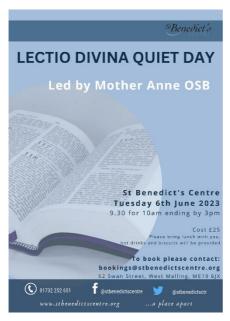
Forthcoming events at the Centre

Weekly Wednesday Eucharist

All are welcome to join us in the Pilgrim Chapel for a Eucharist every Wednesday 12.15 – 12.45pm. *No need to book.*



Lectio Divina Day Tuesday 6th June 9.30 for 10am till 3pm



We are delighted that Mother Anne OSB is once again joining us to lead a quiet day of Lectio Divina.

Lectio is an ancient way of spending time steeped in scripture. St Benedict encouraged his monks not just to read set passages and then move onto another activity, but also to allow scripture to read them.

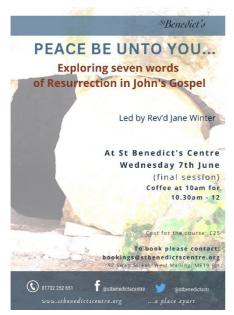
Mother Anne will lead us

through the principles and practice of Lectio.

The day will include plenty of space for us to individually step into scripture and dwell with the word of God, listening for God's indwelling voice to speak.

Cost £25.00 (pay on the day) which includes hot drinks, please bring your own lunch.

Peace be unto you...seven Resurrection words Wednesday 7th June 9.30 for 10am till 12



The final session of our Eastertide course focusing on seven words spoken by the risen Jesus.

The words are taken from John's gospel chapters 20 and 21.

We are using insights from Prof. David Ford to guide our thinking.

This course was designed to enable us to explore

the meaning of Jesus' word openly with questions and discussion, inviting us to consider the words of Jesus in the context of resurrection hope.

This last session will run from 10.30 - 12 with coffee at 10am. Participants are welcome to join the Sisters for Sext (12 noon) and join the Centre mid-week Eucharist 12.15.

Cost: £25.00 for the whole course, including hot drinks.

Shaped with the love of the Potter's hands Thursday 15th June 9.30 for 10am till 3pm



A clay-based encounter day that includes Bible reflections, demonstration, opportunities for hands-on activity and times for silent reflection, during which we will be opened to experience ourselves being held, healed, formed, and re-formed in the loving hands of God.

Led by Canon Gordon Oliver. Gordon has served in numerous parishes as well as practical theology

lecturer and as a diocesan training officer. In retirement he offers ministry in spiritual direction, retreats and quiet days.

The day will include handling clay, so please wear something you don't mind getting a bit dirty (the clay washes off).

Cost £25.00 (pay on the day) which includes hot drinks, please bring your own lunch. An additional £5 payable to Gordon to cover the cost of materials.

Walking with Jesus Thursday 29th June, 9.30 for 10am till 3pm



During this walk we will meet with Peter and Paul.

Called by Jesus in different ways and with different ministries, they did not always see eye to eye.

Peter and Paul had to learn what it means to disagree well for the sake for the Gospel. For all their differences, they also had respect for one

another, born out of love for God.

They have a lot to teach us as we learn what it means to live with difference.

Cost £25.00 (pay on the day) which includes hot drinks, please bring your own lunch.

Music@Malling 9 – 11 June

Music@Malling's annual festival is back at St Benedict's! Praised by Classic FM, the concerts feature works by leading contemporary composers alongside classical music and jazz.

Tickets are available on www.musicatmalling.com and from Was Down Swan Street.

Looking ahead to July

4th – At home and out and about Rev'd Canon Gordon Oliver leads this Quiet day.

11th – Benedictine Wisdom: Prayer With Mother Anne OSB.

13th – God-shaped words Led by Rev'd Canon Neil Thompson

18th – Walking with Jesus Led by Rev'd Canon Jane Winter

Cost £25.00 including hot drinks. Please bring your own lunch. To book: contact bookings@stbenedictscentre.org



Day Guests



Our 10 quiet study rooms offer the space to rest and reflect in solitude at the Centre.

You can book one of these rooms room for £15.

This includes hot drinks, the use of the beautiful grounds and the opportunity for private prayer in the pilgrim chapel, and of joining the Sisters in their offices.

Your booking can be changed or cancelled at short notice if need be, at no cost.

Did you know we offer gift vouchers for individual quiet days – the perfect gift for someone in ministry.

To book your day of rest and retreat, or to purchase a voucher contact:

bookings@stbenedictscentre.org