

St Benedict's CENTRE

St Benedict's Centre Newsletter

May 2024

Welcome to the May newsletter for the St Benedict's Centre.

Spring has definitely sprung here in West Malling and as I write the sun is actually shining.



It has been a great pleasure to meet many of you during my first couple of months at the Centre. I am grateful for such a warm welcome and for your patience as I find my way around.

Melanie

Forthcoming events at the Centre

Easter Quiet Day – Resurrection is about being set free!

Saturday 4 May, 9.30 for 10am till 3pm



St Benedict's

EASTER QUIET DAY

Resurrection is about being set free!
Discovery deeper freedom for yourself

In association with Rochester Spirituality Network
Led by Rev'd Joel Love

at St Benedict's Centre
Saturday 4th May
9.30 for 10am till 3pm

Suggested donation £15 - £25
Please bring lunch with you
hot drinks and biscuits will be provided

To book please contact:
bookings@stbenedictscentre.org
52 Swan Street, West Malling, ME19 6JX

01732 252 651 @stbenedictscentre @stbenedictctr
www.stbenedictscentre.org ...a place apart

This quiet day offered in association with Rochester Diocese Spirituality Network will be led by Rev'd Joel Love.

We are not set free *from* this life on earth but *for* this life on earth. Come and explore what this freedom looks like for us in this Easter season.

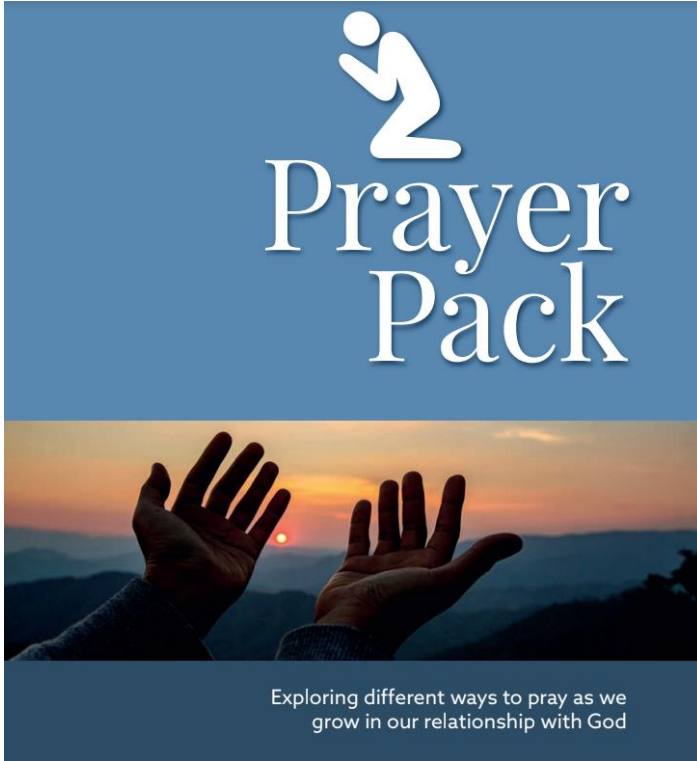
The day is being run on a donations-only basis. Suggested donation is £15-25.

Please book by emailing bookings@stbenedictscentre.org

Prayer Pack book launch

In association with Rochester Diocese Spirituality Network

Monday 13 May, 6pm



Edited by Rev'd Susanne Carlsson the prayer pack presents twelve methods of prayer and encourages all to "Pray as you can, not as you can't!"

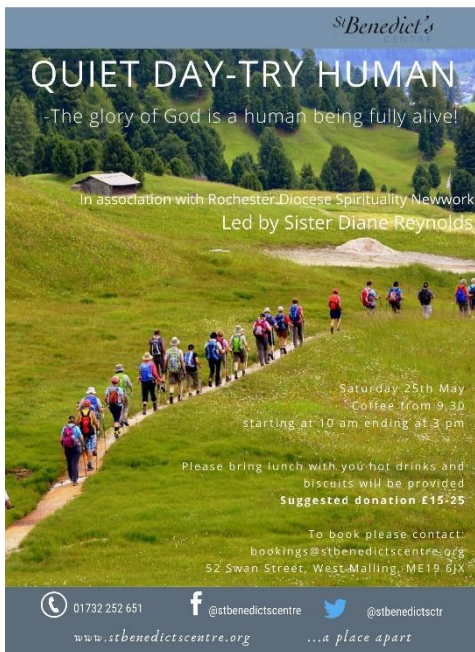
There is no charge for this event but if you can, please let us know you will be attending by emailing

bookings@stbenedictscentre.org

Copies of the book will be available at £10 each.

Quiet Day – ‘Try Human’ – “the glory of God is a human being fully alive!”

Saturday 25 May, 9.30 for 10am till 3pm



In association with Rochester Diocese Spirituality Network we are please to present a day to reflect on what it means to be “fully alive”.

The day will be led by Sister Diane Reynolds. Due to an injury Diane can't travel to be with us but will lead via Zoom from Belgium with Susan Carlsson hosting the day here at the centre.

The day is being run on a donations-only basis. Suggested donation is £15-25.

Please book by emailing bookings@stbenedictscentre.org

Treasure in Earthen Vessels – a pottery based quiet day.

Thursday 6 June, 9.30 for 10am till 3.30pm

Please book by Friday 24 May



Led by Gordon Oliver a priest and potter living in Rochester Diocese.

The earthy experience of holding and forming clay into new shapes can help us open up to God's love in Christ for the world we live in.

The day will include times of silence, hands-on experience with clay and opening the Bible to learn together. This will build on the experience of previous clay-based quiet days and will be good both for people returning and people new to this way of seeking God's blessing.

Cost £25.00 (pay on the day) which includes hot drinks, please bring your own lunch.

Please book by emailing bookings@stbenedictscentre.org

Looking ahead:

Monday 3 June Being Benedictine with Bishop Adrian Newman and Mother Anne, the Abbess of Malling Abbey.

Thursday 20 June Quiet Day – Christ with us – in St Benedict and in the Liturgy led by Fr Peter Allan, an Anglican priest and a monk with the Community of the Resurrection.

Tuesday 25 June Walking with Jesus – Confidence in God. Led by Jan Forman, an opportunity to reflect on facing the storms of life.

Wednesday 3 July Body and Spirit Workshop – “The Word became flesh”. An experiential retreat led by Martin Henwood and Gráinne McAnallen.

Tuesday 9 July Quiet Day – “Behold a mystery!”. A day to reflect on the mystery of the incarnation with Harriet Johnson.

Friday 12 July Training Day – How to lead a quiet day facilitated by Rev’d Susanne Carlsson and Margaret Wooding-Jones.

Friday 19 July Quiet Day – A whale of a time? A fresh perspective on the story of Jonah with Canon John Lawson.

Full details of these events can be viewed on the website

www.stbenedictscentre.org

General event information

Most events start at 10am, with coffee available from 9:30am, and normally finish by 3pm to ensure everyone has the full benefit of the day's programme. However, participants are very welcome to stay beyond this time to enjoy the Centre's beautiful grounds, quiet spaces, and a quiet room (if available) for further reflection.

Coffee, tea and biscuits are always included, but you need to bring your own lunch.

Need to cancel your booking?

When you book a place at one of our events or a room for the day, payment is on the day of attendance or by invoice, sent out to you afterwards.

If you can no longer attend, we do appreciate you letting us know as soon as possible. There is no cancellation fee.

Event cancellations

While we are always reluctant to cancel an event at short notice, we may have to do so in case of illness, bad weather conditions or low take-up. You will be contacted as soon as circumstances require us to cancel an event.

Day Guests



Our 10 quiet study rooms offer space to rest and reflect in solitude at the Centre. They are also ideal if you need to focus on a particular task without interruption; writing, planning, or just finishing your VAT return!

You can book one of these rooms for £15 per day.

This includes hot drinks, the use of the beautiful grounds and the opportunity for private prayer in the pilgrim chapel, and of joining the Sisters in their offices.

Your booking can be changed or cancelled at short notice if need be, there is no cancellation fee.

Did you know we offer gift vouchers for individual quiet days – the perfect gift for someone in ministry.

To book your day of rest and retreat, or to purchase a voucher contact: bookings@stbenedictscentre.org