StBenedict's CENTRE

St Benedict's Centre Newsletter September 2023



We hope everyone enjoyed some rest and restoration over the summer. The Centre remained open for individual guests and we were pleased to welcome some new faces.

We hosted a very successful art exhibition weekend in August displaying the work of Lesley Machin, who is an oblate at the Abbey and a Centre volunteer. So many visitors commented on the beauty of the grounds. The Guest House leant itself

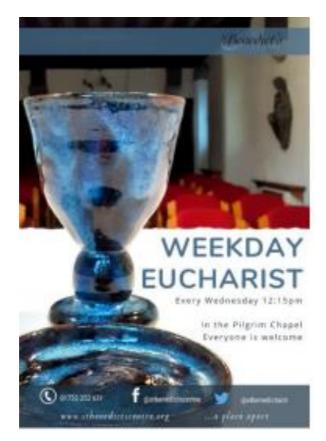
perfectly as a space for display. Very good conversations happened around inspiring works of art. Our next art exhibition is 14th-27th October, when we are welcoming back Nikki Rose. More information to follow.

We have a full programme of events this month and look forward to seeing you soon.

Forthcoming events at the Centre

Weekly Wednesday Eucharist

All are welcome to join us in the Pilgrim Chapel for a Eucharist every Wednesday 12.15 – 12.45pm. *No need to book.*



Holy Land at Home Pilgrimage Tuesday 5th September, 9.30 for 10am till 3pm



Rev'd Hugh Grear will take us on an immersive journey meeting women from the gospel stories.

This is the first in a new series of 'at home pilgrimages'.

We shall travel in our imagination to places in the Holy Land to discover the stories of women who met with Jesus.

Our imaginations will be stimulated by artefacts

and images as well as Hugh's experience as a pilgrimage leader.

Cost £25.00 (pay on the day) which includes hot drinks, please bring your own lunch.

Walking with Jesus Tuesday 12th September, 9.30 for 10am till 3pm



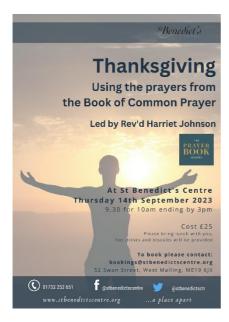
The 8th September is the feast of the birthday of the Blessed Virgin Mary.

On our walk this month we will be reflecting on Jesus' relationship with Mary his mother.

Cost £25.00 (pay on the day) which includes hot drinks, please bring your own lunch.

Thanksgiving using the prayers from the Book of Common Prayer

Thursday 14th September, 9.30 for 10am till 3pm



Following on from our day looking at the prayer book funeral liturgy, Rev'd Harriet Johnson will help us explore the richness of thanksgiving expressed in the beauty of the Book of Common Prayer.

Come and discover the beauty of these prayers which take us deep into the presence of God. This day is supported by the Prayer Book Society.

Cost £25.00 (pay on the day) which includes hot drinks, please bring your own lunch.

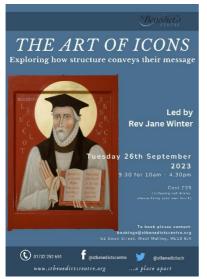
Benedictine Wisdom: Humility Tuesday 19th September, 9.30 for 10am till 3pm



Sr Mary John leads our day on Benedictine humility, helping us understand what it truly means and discovering how we can inhabit an attitude of humility that is life-giving and rich.

Cost £25.00 (pay on the day) which includes hot drinks, please bring your own lunch.

The Art of Icons Tuesday 26th September, 10.30am-4.30pm



The second of our icon days exploring the structure of the icons so we can better hear the message they convey.

Focusing on two icons, the day involves hands-on work to enable us to enter the story they tell.

Cost £25.00 (pay on the day) which includes hot drinks, please bring your own lunch. To book: bookings@stbenedictscentre.org

October dates for your diary

 $\mathbf{3^{rd}}$ Quiet day Sorry, what was that again? With Bishop Simon Burton-Jones

12th Walking with Jesus, led by Rev'd Jane Winter

13th -27th The Age of Stars Art Exhibition – Nikki Rose

21st The Age of Stars Interactive workshop with artist Nikki Rose

31st Quiet Day From Darkness to Light. With Canon Alan Vousden

Our events calendar for September to December 2023 can now be downloaded from our <u>website</u>; copies are also available at the Centre.

Day Guests



Our 10 quiet study rooms offer the space to rest and reflect in solitude at the Centre.

You can book one of these rooms room for £15.

This includes hot drinks, the use of the beautiful grounds and the opportunity for private prayer in the pilgrim chapel, and of joining the Sisters in their offices.

Your booking can be changed or cancelled at short notice if need be, at no cost.

Did you know we offer gift vouchers for individual quiet days – the perfect gift for someone in ministry.

To book your day of rest and retreat, or to purchase a voucher contact:

bookings@stbenedictscentre.org