

St Benedict's Centre Newsletter

November 2021

It has been wonderful to welcome groups back to the Centre since June of this year. We have continued to offer an interesting and varied programme, easing us back into a rhythm of quiet days and learning.

We ran three centre events in the summer which were appreciated.

Woman to Woman: gave a group of women the opportunity to explore the spiritual significance of loss through the menopause.

Created in God's Image: **created to create** explored new ways of understanding scripture through our own art.

Not looking but seeing: focused on photography. We are planning to run this again in 2022. Watch this space and our other methods of communication for more information.

Life at St Benedict's Centre

We are delighted to share with you that we have a new bursar. Chinyelu Nwandu started work at the Centre at the beginning of November. Chichi has a wealth of finance experience alongside working in banking in the community. Chichi will be manging your bookings so look out for her name when you receive confirmation of a booking or your invoice!

We are so grateful for the work of our volunteers. We have three regular volunteers who come to the Centre weekly and others who are able to help welcome guests on a more occasional basis. The volunteers not only bring their skills but also their prayerful commitment to the ethos and work of St Benedict's.

We continue to enjoy a very close working and prayerful relationship with the Abbey community.

We have been delighted to welcome back students of St Augustine's College some entering their first year of studies and others returning, some to the Centre for the first time because of the lockdown restrictions last year.

We have welcomed guest groups and individuals including some meditation groups and church communities who have used the Centre for the first time.

It is good to be flourishing once again. Do come and see us soon.

December

Quiet Day: The art of watching and waiting

7 December 2021, 9:30 for 10am - 3pm



Our Advent Quiet
Day will be led
by Revd David
Guest of St
Bartholomew's
Otford, who will
be helping us to
be still and
prepare
ourselves anew
for Christmas.
Paintings will be
used as a
springboard for
our reflections.

The cost is £20, coffee and tea will be available, but please bring your own lunch.

To book contact bookings@stbenedictscentre.org

Day Guests



So many people have appreciated the opportunity for a day apart in the current challenges of ministry, and we continue to offer the space to do so

throughout the remaining months of the year leading up to Christmas.

You can book an individual study/retreat room for £10. This includes hot drinks, the use of the beautiful grounds and the opportunity for private prayer in the pilgrim chapel and of joining the Sisters in their offices.

Did you know we offer gift vouchers for individual quiet days – the perfect gift for someone in ministry.

To book your day of rest and retreat, or to purchase a voucher contact: <u>bookings@stbenedictscentre.org</u>.

Don't forget you can find us on:

www.stbenedictscentre.org twitter: @stBenedictsCtr

Facebook: @StBenedictsCentre

Christmas and New Year. Please note the Centre will be closed from 23rd December 2021 – 4th January 2022