



St Benedict's Centre Newsletter

March 2023



March, the time of the year when we rejoice in all things springing new also hosts the season of Lent. It is our time of preparation as we travel the road to Jerusalem with Jesus, conscious of our own shortcomings in witnessing to his gifts of forgiveness, unconditional love and eternal life.

Through Lent we offer several events to help us all come close to the reality of the cross and the promise of resurrection and life eternal.

We are delighted to welcome Neville Emslie from Canterbury Diocese, who will introduce us to new ways to engage with the passion of Christ through the art of Rembrandt, and to members of the Prayer Book Society who will lead a day to help us face our own mortality in the promise of eternity.

We look forward to welcoming you to one of our events or an individual day of rest and renewal.

Forthcoming events at the Centre

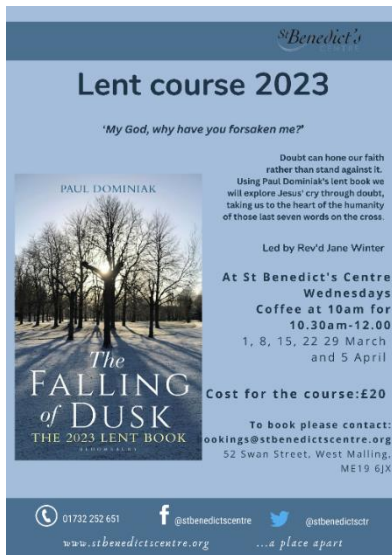
Weekly Wednesday Eucharist

All are welcome to join us in the Pilgrim Chapel for a Eucharist every Wednesday 12.15 – 12.45pm.

No need to book.

Lent Course 2023

Wednesdays 10 for 10.30am till 12



The poster for the Lent course 2023 features a blue background with a central image of a snowy path lined with bare trees. Text on the poster includes: 'Benedict's' logo, 'Lent course 2023', the quote 'My God, why have you forsaken me?', a quote from Paul Dominiak: 'Doubt can hone our faith rather than stand against it. Using Paul Dominiak's lent book we will explore Jesus' cry through doubt, taking us to the heart of the humanity of those last seven words on the cross.', 'Led by Rev'd Jane Winter', 'At St Benedict's Centre Wednesdays Coffee at 10am for 10.30am-12.00 1, 8, 15, 22 29 March and 5 April', 'Cost for the course: £20', and contact information: 'To book please contact: bookings@stbenedictscentre.org 52 Swan Street, West Malling, ME19 6JX'. At the bottom, there are social media icons for phone, Facebook, and Twitter, along with the website 'www.stbenedictscentre.org' and the tagline '...a place apart'.

Led by Rev Jane Winter, and using *The Falling of Dusk* by Paul Dominiak, we are invited to explore the seven last words or phrases of Jesus from the Cross through the experience of doubt.

Doubt is a very human condition, which can lead us to God through questioning, honing our faith rather than standing against it.

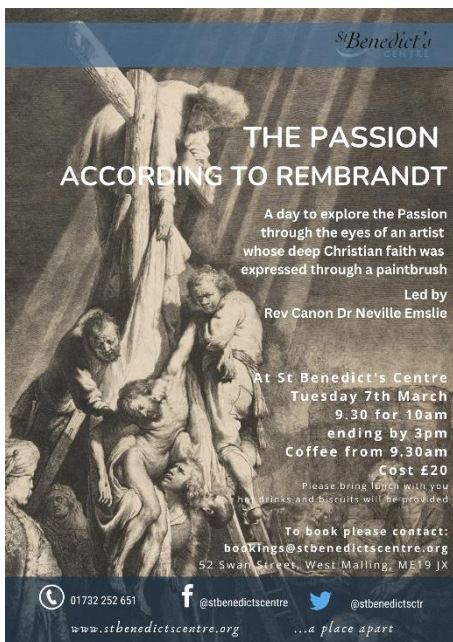
Continuing on from the first session on 22nd February, we meet on 1st, 8th, 15th, 22nd and 29th March and 5th April. Everyone is welcome to stay for the Eucharist at 12.15pm.

Cost: £20.00 for the whole course, including hot drinks.

To book: bookings@stbenedictscentre.org

The Passion according to Rembrandt

Tuesday 7th March, 9.30 for 10am till 3pm



St Benedict's

THE PASSION ACCORDING TO REMBRANDT

A day to explore the Passion through the eyes of an artist whose deep Christian faith was expressed through a paintbrush

Led by
Rev Canon Dr Neville Emslie

At St Benedict's Centre
Tuesday 7th March
9.30 for 10am
ending by 3pm
Coffee from 9.30am
Cost £20

Please bring lunch with you
hot drinks and biscuits will be provided

To book please contact:
bookings@stbenedictscentre.org
52 Swan Street, West Malling, ME19 1JX

01732 252 651

[@stbenedictscentre](https://www.facebook.com/stbenedictscentre)

[@stbenedictscr](https://twitter.com/stbenedictscr)

www.stbenedictscentre.org

...a place apart

For many of us art gives us a way of encountering the Christian story afresh.

Our day exploring Rembrandt's etchings and paintings will do just this.

Neville will help us to explore The Passion through the eyes of an artist who had a deep Christian faith that was best expressed through a paintbrush.

The day will focus on:

The Passion in Black and White: Rembrandt's Etchings

The Passion in Colour: Rembrandt's Paintings

The Passion in Us: Rembrandt and Believers.

Cost £20.00 (pay on the day) including hot drinks. Please bring your own lunch. To book:

bookings@stbenedictscentre.org

Walking with Jesus

Thursday 16th March, 9.30 for 10am till 3pm

St Benedict's

WALKING WITH JESUS

Reflecting on what it means to abide with Christ
in all circumstances and situations

Led by Rev'd Jane Winter

Meet at St Benedict's Centre
Thursday 16th March 2023
9.30 for 10am ending by 3pm

Cost £20
Please bring lunch with you,
hot drinks and biscuits will be provided

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www.stbenedictscentre.org ...a place apart

Led by Rev Jane Winter, our walk falls on the eve of St Patrick's Day.

Following Patrick's example we will think about what it means to be missionary in our own contexts, abiding with Christ who walks with us in all our circumstances and situations.

Cost £20.00 (pay on the day) including hot drinks. Please bring your own lunch. To book:
bookings@stbenedictscentre.org

St Benedict and Silence

Tuesday 21st March, 9.30 for 10am till 3pm

St Benedict's

ST BENEDICT DAY

St Benedict and Silence

How can we begin to 'listen
with the ears of our heart'

Led by Sr Julian

At St Benedict's Centre
Tuesday 21st March 2023

Coffee from 9.30am
starting at 10 ending at 3 pm

Please bring lunch with you, hot drinks
and biscuits will be provided
Cost £20

To book please contact:
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...a place apart

Led by Sr Julian.

Silence is one of the cornerstones of the Benedictine tradition.

The Rule of St. Benedict tells us:

"Speaking and teaching are the master's tasks; the disciple is to be silent and listen."

We will explore how, in a wordy world, we can begin to listen with the ears of our hearts.

Cost £20.00 (pay on the day) including hot drinks. Please bring your own lunch. To book:

bookings@stbenedictscentre.org

In sure and certain hope...

Thursday 23rd March, 9.30 for 10am till 3pm

The poster features a central illustration of a figure in a long robe, possibly a saint or Jesus, standing in a landscape. The background is a warm, golden-brown color. Text is overlaid on the image in various colors and fonts. At the top right is the 'St Benedict's' logo. The main title is in large, bold, dark blue letters. Below it, the subtitle is in a smaller, lighter blue font. The event details are in black text. At the bottom, there are contact details and social media icons for Facebook and Twitter, along with the website URL and a tagline.

St Benedict's

'...in sure and certain hope...'

A Quiet day led by members of the
Prayer Book Society

THE PRAYER BOOK SOCIETY

At St Benedict's Centre
Thursday 23rd March 2023
9.30 for 10am ending by 3pm

Cost £20
Please bring lunch with you,
hot drinks and biscuits will be provided

To book please contact:
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...a place apart

A Quiet Day led by members of the Prayer Book Society

As we prepare to remember Jesus' death and resurrection, we will reflect on our own earthly mortality and promised resurrection, drawing on the Book of Common Prayer's Order for the Burial of the Dead.

The day will begin and end with Prayer Book Matins and Evening Prayer and will include both guided reflection and quiet time for your own thoughts. This day is open to everyone, non-Prayer Book Society Members welcome!

Cost £20.00 (pay on the day) including hot drinks. Please bring your own lunch. To book:

bookings@stbenedictcentre.org

Ministry of Administration

Tuesday 28th March, 10 for 10.15am till 3pm

Benedict's

MINISTRY OF ADMINISTRATION

A reflective day for church administrations

Led by Ven Andy Wooding Jones

At St Benedict's Centre
Tuesday 28th March 2023
10 for 10.15am ending by 3pm

Cost £20
Please bring lunch with you,
hot drinks and biscuits will be provided

To book please contact:
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www.stbenedictscentre.org ...a place apart

Archdeacon Andy is delighted to have another opportunity to help church administrators to pause, meet and reflect together for a day during Lent.

We will be particularly thinking about our boundaries.

How can we use our time and our talents and yet ensure that we experience what Jesus

calls 'life in its fulness'?

What can prevent us from striving rather than flourishing?

Cost £20.00 (pay on the day) including hot drinks. Please bring your own lunch. To book:

bookings@stbenedictscentre.org

Looking ahead: Holy Week at St Benedict's

4th April: meditative day of prayer using the rosary and focusing on the sorrowful mysteries

5th April: End of our Lent course, with Hot Cross buns.

See the website for more April events:

www.stbenedictscentre.org

Day Guests



Our 10 quiet study rooms offer the space to rest and reflect in solitude at the Centre.

You can book one of these rooms for £12.

This includes hot drinks, the use of the beautiful grounds and the opportunity for private prayer in the pilgrim chapel, and of joining the Sisters in their offices.

Your booking can be changed or cancelled at short notice if need be, at no cost.

Did you know we offer gift vouchers for individual quiet days – the perfect gift for someone in ministry.

To book your day of rest and retreat, or to purchase a voucher contact:

bookings@stbenedictscentre.org